

Hi all Steamboat Nordic Campers,

This Memo includes important information – please read prior to coming to camp.

Please note: NEW LOCATION. We've changed venues for the camp skiing. We will be skiing at The Steamboat Ski Touring Center instead of Lake Catamount Ski Touring Center, both days.

The new location has limited indoor space, so we are utilizing all space available. Please try to keep as much equipment, clothing etc in your car. We will have a storage area for gear, in a side room from the touring center.

Check-in

Please check in on Friday night at Ski Haus between 6:00 – 7:30. If you are unable to make it on Friday night, we will have a late check in at 8:30 on Saturday AM at Steamboat Ski Touring Center. **Very Important:** We will be serving light appetizers and wine at check in.

Directions to Ski Haus (970.879.0385): Ski Haus is located at 1457 Pine Grove Rd. It's on the corner of Pine Grove Rd and Hwy 40 (Lincoln). There is a stop light at this intersection.

Skiing

We've moved the camp to the Steamboat Ski Touring Center for both Saturday and Sunday. Due to warm temperatures over the weekend, Lake Catamount Touring Center does not have quality ski conditions. Snow conditions at Steamboat Ski Touring are good. The indoor venue at the Ski Touring Center is smaller so most of our gathering and clinic assignments and coordination will be done on snow, outside. Lunch and Happy Hour will be in the Club House and there will be a room where you can put equipment and gear.

Directions to Steamboat Ski Touring Center (970.879.8180):

Coming from Rabbit Ears Pass to Steamboat Ski Touring Center Traveling North on hwy 40 into Steamboat Springs.

- **Turn Right** at the second stop light in town on to Pine Grove Rd. Ski Haus is on the south-east corner
- Travel 0.75 miles on Pine Grove Rd. and **Turn Left** onto Mt. Werner Rd.
- Travel about 0.2 miles and **Turn Left** on Steamboat Boulevard
- Travel about 1 mile and **Turn Right** at the Steamboat Touring Center sign

Coming from Town to Steamboat Ski Touring Center Traveling South on hwy 40 into Steamboat Springs.

- **Turn Left** on to Pine Grove Rd. Ski Haus is on the south-east corner
- Travel 0.75 miles on Pine Grove Rd. and **Turn Left** onto Mt. Werner Rd.
- Travel about 0.2 miles and **Turn Left** on Steamboat Boulevard
- Travel about 1 mile and **Turn Right** at the Steamboat Touring Center sign
- **Parking:** Limited Parking is available at the Steamboat Ski Touring Center. Please carpool!

Equipment:

Please have your own equipment or have rented equipment for the camp. The demo equipment is to “demo” not to use for the whole day. Rental equipment is available at the Ski Touring Center. Please arrange rental equipment prior to Saturday AM. Phone: 970.879.8149

Self Selected Ski Ability Grouping:

We ask you to place yourself in an ability level (Beginner, Intermediate, Advanced). Here are some guidelines to help you make that decision.

Beginner: You are new to the sport and/or are working on moving down the track on skis.

Intermediate: You are familiar with the equipment. You are able to get from point A to point B, but would like more coaching/practice on efficiency and different gears.

Advanced: You feel comfortable skiing all terrain (uphill and downhill). You want to work on power and efficiency in the different gears. Race oriented.

Food

A hearty lunch (included in camp fees) will be served both Saturday and Sunday. We will have both a meat and vegetarian option. Sorry, we cannot accommodate other specific food restrictions.

Dress

Dress in breathable, warm layers, bring extra gloves and hat for am and pm sessions. This way you will avoid damp clothing for the afternoon session. We also recommend that you bring a water bottle and holder to keep hydrated out on the ski trails.

Schedule

IMPORTANT NOTE: If you plan to ski both Classic and Skate techniques, we will Classic in the AM and Skate in the PM. For those of you that will only skate or only classic, we will have groups to accommodate you both AM and PM. *Schedule is subject to change based on ski conditions.*

Camp Schedule

Friday

6:00 – 7:30 – Check-in & Welcome Expo – Ski Haus – Main Store. Light appetizers and wine will be served. Meet with ski industry reps, check out latest equipment and clothing!

Saturday – Steamboat Ski Touring Center

8:30 – 9:00 late Check-in

9:00 – 9:30: Get demo equipment, wax for classic, warm up

9:30 Meet on snow with your group (self selected) in the teaching arena

9:45 – 11:30: Clinic with coaches

11:30 – 12:00: Ski with coaches (optional)

11:30 – 1:00: Lunch – Steamboat Ski Touring Center

1:00 – 1:30: Get demo equipment, warm up

1:30 Meet on snow with your group (self selected) in the teaching arena

1:30 – 3:00: Clinic with coaches

3:00 – 3:30: Ski with coaches (optional)

3:00 – 4:00: Wax clinic

4:00 – 5:00: Happy Hour Prize Drawing

Sunday – Steamboat Ski Touring Center

Note: Video analysis schedule may change to accommodate venue change - TBD

8:30 – 9:00 Check in

9:00 – 9:30: Get demo equipment, warm up, wax for classic

9:30 - Meet on snow with your group (self selected) in the teaching arena

9:30 – 11:30: Clinic with coaches/Video analysis (1/2 groups)

11:30 – 12:00: Ski with coaches (optional)

11:30 – 1:00: Lunch – Steamboat Ski Touring Center

1:00 – 1:30: Get Demo Equipment, warm up

1:30 Meet on snow with your group (self selected) in the teaching arena

1:30 – 3:30: Clinic with coaches /Video analysis (1/2 groups)

3:30 – 4:00: Ski with coaches (optional)

4:00 – 4:30: Wrap up

We're looking forward to skiing with you this weekend!

Emily & Katie

Steamboat Nordic Camp

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